



## TERMS OF REFERENCE

<b>Job Title:</b>	Consultant Psychologist/Psychiatrist
<b>Project:</b>	USAID Supporting Victims of Violence Activity
<b>Duration:</b>	9 months (renewable)
<b>Estimated Start Date:</b>	October 22, 2024
<b>Reporting to:</b>	Project Manager

### Organization Summary

RISE Life Management Services, a Jamaican Civil Society Organization (CSO), was established in 1989 as Addiction Alert, offering the island’s first outpatient treatment centre for addictive disorders. Due to the evolving needs of the nation’s at-risk populations, the organization expanded its programs and changed its name to RISE Life Management Services in 2005. RISE stands for “Reaching Individuals through Skills and Education”. The various projects and programmes implemented by RISE also align with key goals of Jamaica’s national development plan, Vision 2030, and with several of the international Sustainable Development Goals.

**Mission:** To empower young people and vulnerable populations in Jamaica to make healthy lifestyle choices and realise their full potential through projects delivered in a supportive and rehabilitative environment; and to support Jamaica’s national development by building the capacity of civil society organizations.

### Project Background

With funding from USAID, Winrock International is implementing the USAID Supporting Victims of Violence (SVOV) Activity alongside backbone partners RISE Life Management Services and Eve for Life. This four-year initiative aims to increase awareness of and improve access to trauma-informed services for survivors, witnesses, and perpetrators of violence, enhancing resilience among youth, families, and communities vulnerable to crime and violence.

The SVOV activity focuses on two primary objectives:

- Expanding survivors' and witnesses' access to integrated direct services; and
- Strengthening government and civil society institutional capacity to support survivors, witnesses, and perpetrators through coordinated and effective interventions to address and prevent interpersonal and collective violence.

The USAID SVOV activity utilizes community-led and survivor-informed approaches tailored to the intersectional challenges faced by people affected by violence, emphasizing sustainable solutions and combining structured capacity building with direct service provision offered by local entities. The focus is primarily on individuals aged 10-29 years. The SVOV activity will target ten communities across Jamaica - Grange Hill and Little London in Westmoreland; Flankers, St. James, Palmer’s Cross and York Town in Clarendon; Braeton, St. Catherine; and Kencot, Lawrence Tavern, Tower Hill and Rennock Lodge in Kingston and St. Andrew. RISE Life Management Services will be leading implementation in five of these communities: Grange Hill, Kencot, Palmer’s Cross, Rennock Lodge, and Tower Hill.

### Objective

The Consultant Psychologist/Psychiatrist will provide psychosocial support services, including group counselling, interactive discussions, and individual and group activities, to assist at-risk youth (ages 10-29) in navigating the daily challenges they face in vulnerable communities and environments. The consultant will work within after-school programs and juvenile detention centres to create a safe, supportive, and rehabilitative environment for these youth.



## Scope of Work

The Consultant will be responsible for the following tasks:

- **Conduct initial assessments:** Evaluate the psychosocial needs of youth participating in after-school and juvenile detention intervention activities.
- **Design and implement group counselling sessions:** Develop and facilitate group counselling sessions that address key psychosocial issues such as trauma, violence, and coping strategies.
- **Lead interactive discussions and activities:** Lead interactive discussions and group activities aimed at promoting self-awareness, resilience, and healthy decision-making.
- **Provide individual counselling:** Engage youth requiring more personalized support in one-on-one counselling.
- **Develop and utilize tools:** Create and utilize age-appropriate tools and resources to engage youth effectively in understanding and addressing their challenges.
- **Monitor and evaluate youth progress:** Regularly assess the effectiveness of interventions and adjust strategies as necessary to meet the evolving needs of the youth.
- **Collaborate with stakeholders:** Work closely with RISE Life's Supporting Victims of Violence project team, educators, and juvenile detention centre personnel to ensure coordinated and comprehensive care.
- **Reporting:** Provide regular reports on the progress of interventions, including success stories, challenges, and recommendations for future actions.

## Deliverables

- Initial assessment reports for all participating youth.
- Structured group counselling session plans and materials.
- Monthly progress reports detailing activities conducted, youth engagement, and outcomes.
- Final consultancy report summarizing achievements, challenges, and recommendations for continued psychosocial support for the targeted youth population.

## Duration of the Consultancy

The consultancy is expected to run for a duration of nine months, commencing on October 22, 2024. The consultant will be required to dedicate 2-3 hours, across two days each week, to carry out the activities outlined above.

## Qualifications and Experience

### Educational Background & Experience:

- Advanced degree in Psychology, Psychiatry, or a related field.
- Minimum of 3 years of experience working with at-risk youth in vulnerable communities.
- Demonstrated expertise in group counselling, trauma-informed care, and psychosocial support services.
- Experience working within after-school programs and juvenile detention centres is an asset.
- Strong interpersonal and communication skills, with the ability to engage effectively with youth and collaborate with multidisciplinary teams.
- Knowledge of the Jamaican context, particularly the challenges faced by youth in vulnerable communities.



### **Supervision and Reporting:**

The Consultant Psychologist/Psychiatrist will report to the Project Manager and will work collaboratively with the project team to ensure the successful delivery of psychosocial support services to at-risk youth, contributing to the broader objectives of the USAID SVOV Activity.

### **HOW TO APPLY**

Interested applicants are invited to submit a Curriculum Vitae highlighting relevant experience and Expression of Interest to the following email address: **info@risejamaica.org**, bearing the subject: **Application for Consultant Psychologist/Psychiatrist: [Your Name]** by the deadline: **September 27, 2024**.